

The food we eat

Date _____

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Complete the points.

I. Himachal Pradesh : Apple - Ladakh : Apricots

II. Rice : cereal - Rajma : Pulses

III. Uttar Pradesh : Roti made of wheat -

Rajasthan : Roti made of jowar and
bajra.

IV. Meat : non veg - cloves : spices -

Circle the odd one out.

i. Apples, mangoes, Peaches, Apricot

ii. Jowar, bajra, Chana, rice

iii. Wheat, toor, moong, masoor

iv. Cinnamon, cardamom, cloves, corn

v. Tomato, apricot, brinjal, beans

Write two examples for each:

i. Varieties of mangoes - Alphonso,
Dushehri.

ii. cereals grown in India - Rice,
wheat.

iii. Meat-based Indian dishes -
Galouti Kebab, Mutton Biryani,
Mutton Mughlai.

iv. Spice-growing states of India -

- Chilly - Tamil Nadu, Odisha,
Uttar Pradesh

- Turmeric - Assam, Kerala,

West Bengal

Answer the following

i. Write some popular Indian sweets?

Ans - Some popular Indian sweets are

Rasgullas, Laddos, Barfis, Peda,

Mysore pak, Gulab jamuns and

Shrikhand.

ii. What kind of fruits are grown in Southern India?

Ans - Coconut, Banana, Guaava, Papaya,

Water melon, Jack fruit, Custard -

apple etc. are examples of fruits

grown in Southern India.