

## **CLASS: VI**

### **SUBJECT:BIOLOGY**

#### **LESSON-HEALTH AND HYGIENE**

#### **HOMEWORK**

**Date: 16/11/2021**

1. What is a non-communicable disease?
2. What is a deficiency disease
3. What are communicable diseases? How can they be avoided?
4. Biting nails should be strictly avoided. Give reason.
5. Regular exercise and proper rest is a must. Give reason.
6. Children eating more fast food tend to suffer from obesity (overweight). Comment.
7. How can we control the spreading of diseases by mosquitoes and houseflies?

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**CHANGING YOUR TOMORROW**